

**Q.P. CODE: 622010**

**Reg. No: .....**

**Sixth Semester B.Sc Nursing Degree Special Supplementary Examinations  
May 2025**

**Mental Health Nursing - I & II**

**Time: 3 Hrs**

**Max. Marks: 75**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers*
- *Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

**1. Multiple Choice Questions**

**(12x1=12)**

**(Choose the most appropriate answer from the options given)**

**The Answers to MCQ questions (Q.No. i to Q.No. xii) shall be written continuously on the first two writing sheets (ie Page No. 3 & 4) only**

- i. Confabulation refers to when a patient is
  - a) Telling conflicting stories
  - b) Forgetting ideas unconsciously
  - c) Making up stories to fill the memory gaps
  - d) Making own decision or self
- ii. Illusion is best defined as
  - a) False perception in absence of external stimuli
  - b) Perceiving familiar place as unfamiliar
  - c) Misinterpretation of external stimuli
  - d) Perception of being unreal to self
- iii. Mr. A has suicidal ideations. The attitude that the nurse should have towards him is
  - a) Active friendliness
  - b) Watch fullness
  - c) Permissiveness
  - d) Judgmental
- iv. Aversion therapy is used in treatment of
  - a) Bipolar Affective disorder
  - b) Acute Psychosis
  - c) Alcohol Dependence Syndrome
  - d) Psychogenic Vomiting
- v. The activity which can be best for a patient with Mania is
  - a) Group work
  - b) Cleaning the garden
  - c) Painting
  - d) Competitive work
- vi. A sudden attack of intense discomfort, threatening experience usually occur without warning is termed as
  - a) Anxiety
  - b) Panic
  - c) Depression
  - d) Hysteria
- vii. An example for maturational crisis is
  - a) An accident
  - b) Transition from student to employee
  - c) Diagnosis of terminal illness
  - d) Death of a loved one
- viii. Agranulocytosis is a specific side effect associated with which of the following tablets
  - a) Clonazepam
  - b) Clozapine
  - c) Chlorpromazine
  - d) Carbamazepine
- ix. Mr. A is taking Tab. Disulfiram. What is the most appropriate health education to provide to him
  - a) Avoid beverages drinks
  - b) Regular exercises
  - c) Take good nutrition
  - d) Avoid alcohol-based deodorants

**(PTO)**

- x. Mania is caused by
  - a) Decrease in nor epinephrine
  - b) Decrease in serotonin
  - c) Excess in biogenic amine
  - d) None of the above
- xi. Tab. Thiamine is administered for clients who are on chronic alcohol use to prevent
  - a) Alcoholic hallucinosis
  - b) Delirium Tremens
  - c) Wernicke's encephalopathy
  - d) Alcoholic seizures
- xii. The Lab investigation done before starting a patient on Tab. Lithium carbonate is
  - a) Glucose level
  - b) Lipid profile
  - c) Haemoglobin
  - d) Renal function test

### Essays

(2x15=30)

- 2. a) Define Delirium
  - b) Explain the etiology and the clinical features of Delirium.
  - c) Discuss the nursing management of a client with Delirium
- 3. Explain the Model of Preventive Psychiatry and the Nurse's Role in primary, secondary, tertiary prevention and rehabilitation.

(2+5+8)

### Short notes

(5x5=25)

- 4. Johari Window
- 5. Etiological factors of mental illness
- 6. Psychotherapy
- 7. Attention - Deficit hyperactivity disorder
- 8. Psychiatric Emergencies

### Differentiate between

(4x2=8)

- 9. Dissociative convulsions and Epileptic seizures
- 10. Flooding and Systematic desensitization
- 11. Recurrent depressive disorder and Dysthymia
- 12. Psychosis and Neurosis

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