

Sixth Semester B.Sc Nursing Degree Special Supplementary Examinations
May 2025
Mental Health Nursing - I & II

Time: 3 Hrs**Max. Marks: 75**

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers
 - Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Draw diagrams wherever necessary

1. Multiple Choice Questions**(12x1=12)****(Choose the most appropriate answer from the options given)****The Answers to MCQ questions (Q.No. i to Q.No. xii) shall be written continuously on the first two writing sheets (ie Page No. 3 & 4) only**

- i. Confabulation refers to when a patient is
 - a) Telling conflicting stories
 - b) Forgetting ideas unconsciously
 - c) Making up stories to fill the memory gaps
 - d) Making own decision or self
- ii. Illusion is best defined as
 - a) False perception in absence of external stimuli
 - b) Perceiving familiar place as unfamiliar
 - c) Misinterpretation of external stimuli
 - d) Perception of being unreal to self
- iii. Mr. A has suicidal ideations. The attitude that the nurse should have towards him is

a) Active friendliness	b) Watch fullness
c) Permissiveness	d) Judgmental
- iv. Aversion therapy is used in treatment of

a) Bipolar Affective disorder	b) Acute Psychosis
c) Alcohol Dependence Syndrome	d) Psychogenic Vomiting
- v. The activity which can be best for a patient with Mania is

a) Group work	b) Cleaning the garden
c) Painting	d) Competitive work
- vi. A sudden attack of intense discomfort, threatening experience usually occur without warning is termed as

a) Anxiety	b) Panic	c) Depression	d) Hysteria
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- vii. An example for maturational crisis is

a) An accident	b) Transition from student to employee
c) Diagnosis of terminal illness	d) Death of a loved one
- viii. Agranulocytosis is a specific side effect associated with which of the following tablets

a) Clonazepam	b) Clozapine	c) Chlorpromazine	d) Carbamazepine
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- ix. Mr. A is taking Tab. Disulfiram. What is the most appropriate health education to provide to him

a) Avoid beverages drinks	b) Regular exercises
c) Take good nutrition	d) Avoid alcohol-based deodorants

(PTO)

- x. Mania is caused by
 - a) Decrease in nor epinephrine
 - b) Decrease in serotonin
 - c) Excess in biogenic amine
 - d) None of the above
- xi. Tab. Thiamine is administered for clients who are on chronic alcohol use to prevent
 - a) Alcoholic hallucinosis
 - b) Delirium Tremens
 - c) Wernicke's encephalopathy
 - d) Alcoholic seizures
- xii. The Lab investigation done before starting a patient on Tab. Lithium carbonate is
 - a) Glucose level
 - b) Lipid profile
 - c) Haemoglobin
 - d) Renal function test

Essays

(2x15=30)

- 2. a) Define Delirium
 - b) Explain the etiology and the clinical features of Delirium.
 - c) Discuss the nursing management of a client with Delirium
- 3. Explain the Model of Preventive Psychiatry and the Nurse's Role in primary, secondary, tertiary prevention and rehabilitation.

Short notes

(5x5=25)

- 4. Johari Window
- 5. Etiological factors of mental illness
- 6. Psychotherapy
- 7. Attention - Deficit hyperactivity disorder
- 8. Psychiatric Emergencies

Differentiate between

(4x2=8)

- 9. Dissociative convulsions and Epileptic seizures
- 10. Flooding and Systematic desensitization
- 11. Recurrent depressive disorder and Dysthymia
- 12. Psychosis and Neurosis
